1. Sport Задание № 1

Active words Слова выписать в тетрадь и перевести

to do sport	tough
to keep fit	strong
to take place	accurate
to win	patient
to compete	confident
to participate	disciplined
to lose	sportsman
to break a record	athlete

compete – competition – competitive

соревноваться – соревнование – соперничающий, конкурентноспособный participate – participation – a participant

участвовать – участие - участник

Задание 2

Выполни упражнение 1, задания 1), 2) Письменно ответь на эти вопросы.

Vocabulary. The British are a sporting nation They are fond of different sport 1. team sports and individual sports.

1) Which are team sports, which are individual sports?

- Football Gymnastics Hockey -Skating Skiing Swimming Boxing
- Cycling Rugby Sailing Table tennis Tennis Figure skating Judo ['dudoo]

Synchronised swimming [sankranaized 'swimmy] Weightlifting ['wen, http] -TRECIBI STRUTHES Wrestling ['nslin] - 60ps6a Track and field athletics легкая атлетика



2) Which sports are the most popular in Great Britain? What do you think?

Задание № 3 Внимательно прочитай слова и запиши их в тетрадь с переводом

10 21 20 C		10.
to keep fit — быть бодрым и здо- роным	accurate — верцый, тщательный, точный, меткий	hor
to master — достичь вершин мас- терства	(self-)confident ['kɒnfidənt] — yne- ренный в себе	00
speed — скорость	competitive [kom'petativ] - coneput-	
patient — терпеливый	чающий, конкурситоснособный	
tough — выпосливый, упорный, су- ровый an injury ['indpri] — рана, ушиб	Words to guess	
to take place - происходить, со-	coordination [kou, add neifn] $n = 2$	
стояться	balance n - ?	
to lose (lost; lost) — проигрывать	technique [tek ⁱ nik] $n - ?$	
а gym [фил] — спортзал	disciplined ['displind] a - ?	
strong — сильный		h

Задание 4

Используя слова из предыдущего упражнения, прочитай текст. Ответь на вопросы перед текстом.

What sports does each of them talk about? Why does he| she love it? about their favourite sports. Here are some teens who talk

1) What sport does each of them talk about? Why does he/she love it? Use the Word Box to learn the meaning of the highlighted words.

Alex: Just imagine: the ocean, wind, your board, you and your friends. That's fantastic! Surfing was invented in Hawaii. It is a main water sport in the USA, Australia, South Africa and South America. Thousands of young people go surfing. It helps them to keep fit and enjoy themselves. A surfer needs a good sense of coordination. balance and, of course, good swimming skills, Experienced surfers have developed special techniques. Some of them even ride the boards standing on their heads. I can't do it but I hope to master this technique. I hope surfing will be included in the programme of the Olympic Games.





Philip: Skateboarding is one of the most popular sports for teens. Speed, high jumps and excitement. You can practise skateboarding in the park or even in the street. But if you want to be a professional, you need to be patient and tough and train a lot at a special *track*. Skateboarding is a dangerous sport. It causes a lot of injuries. You need special clothes to protect yourself. I started doing skateboarding two years ago. I have already taken part in the championship which takes place in our city. I was third. I hope to win next year. I don't like to lose.

Thomas: I spend two or three hours every day — all the year round — practising American football,^{*} basketball and weightlifting. When the school year starts I spend five hours or more every day in the gym. I have chosen all these sports myself. The reason is that I love sport. I have become stronger, more disciplined, accurate and self-confident. My father says that I'm too competitive. That's right, I don't like to lose. But, unfortunately, you can't always win. If I lose, I work much harder.



<u>Задание № 5</u> Соедините название вида спорта или игры с рисунками В ответе напишите вид спорта и номер соответствующего ему рисунка.

athletics squash cycling motor racing badminton table tennis gymnastics rugby weight-lifting hockey sailing basketball boxing horse-racing show-jumping windsurfing cricket ice skating snooker wrestling



